



## Social Work: A Human Rights Based Approach

### Katholische Stiftungshochschule München KSH München



We offer you the opportunity to study with us in **English** for one semester – from **October 1, 2024** till **January 24, 2025** gaining **30 ECTS**.

**Social Work: a human rights based approach.** You will study with KSH and international students from various countries who have a shared interest in the human rights aspect of social work professions. You will meet lecturers with various professional backgrounds, such as social work, social policy, education, health, law, psychology, religious studies and social anthropology.

Munich is the city you will be living in during this period. It is the capital of Bavaria and is known as a beautiful and safe city. It has attracted international attention, because it is a lively urban centre with museums and concerts and is within easy reach of beautiful lakes and the Alps. During your stay the biggest beer festival, the famous Oktoberfest, will take place. December is known for its pre - Christmas atmosphere with various Christkindlmarkets. And not to forget the alpine skiing period starting around December.



<b>Module 1 Social Work and Civil Society (5 ECTS and grade):</b>		
Social Work Systems: History, Structures and Duties for Social Workers (S. Pankofer)	Monday 10:00 – 12:00	Weekly seminar
Human Rights, Trauma and Sustainability- through the lens of the United Nations Sustainable Development Goals (S. Lund)	Tuesday 10:00 – 12:00	Weekly seminar
<b>Module 2 Social Work in Germany (5 ECTS and grade):</b>		
Social Work in Germany: Service Provision across the Spectrum of Needs (A. Gavrilina)	Tuesday 14:00 – 18:00	Weekly seminar
<b>Module 3 Working with Refugees (5 ECTS and grade):</b>		
Fortress Europe (A. Buck)	Wednesday 16:00 – 18:00	Weekly seminar
Trauma-informed Practice with Refugees and Asylum seekers (A. Rossi / J. Caruana)	January 09 – 11, 2025 <ul style="list-style-type: none"> <li>• Thursday 16:00 – 20:00</li> <li>• Friday 09:00 – 18:00</li> <li>• Saturday 09:00 – 18:00</li> </ul>	Compact Course 2 ½ days
<b>Module 4 Community Empowerment (5 ECTS and grade):</b>		
Sinti & Roma Civil Right Movement: Unraveling Challenges and Empowering Perspectives on Minority Rights in Germany (R. Ganev)	Wednesday 14:00 – 16:00	Weekly seminar
Race, Power & Privilege in Social Work: using creativity to explore the dynamics of difference (P. Hilgers / T. Patel)	October 24 – 26, 2024 <ul style="list-style-type: none"> <li>• Thursday 16:00 – 20:00</li> <li>• Friday 09:00 – 18:00</li> <li>• Saturday 09:00 – 18:00</li> </ul>	Compact Course 2 ½ days
<b>Module 5 Social Work and Globalisation (5 ECTS and grade):</b>		
Intercultural Communication (V. Rolle-Green)	Monday 14:00 – 16:00	Weekly seminar
Working with Survivors of Human Trafficking (M. Mildwater / Zainab Emerald Schur)	November 7 – 9, 2024 <ul style="list-style-type: none"> <li>• Thursday 16:00 – 20:00</li> <li>• Friday 09:00 – 18:00</li> <li>• Saturday 09:00 – 18:00</li> </ul>	Compact Course 2 ½ days
<b>Module 6 Health and Equity (5 ECTS and grade):</b>		
Reproductive health and social work in global (public) health (N. Schmidt)	Thursday 14:00 – 16:00	Weekly seminar
Racism in healthcare - what's the problem ( Hannah Bradby / Beth Maina Ahlberg / Sarah Hamed / Rosie Duivenbode)	November 28 – 30, 2024 <ul style="list-style-type: none"> <li>• Thursday 16:00 – 20:00</li> <li>• Friday 09:00 – 18:00</li> <li>• Saturday 09:00 – 18:00</li> </ul>	Compact Course 2 ½ days



## *Sabine Pankofer*

### **Social Work Systems: History, Structures and Duties for Social Workers**

The introductory course is especially designed for incoming international students to provide them with the needed knowledge of the German social system and Social Work profession in Germany, starting with the Social Work education and then going into professional self-conceptions in comparison to the international students' countries.

This course is preparing site visits offering theoretical bases. Therefore, in the course students will be familiarized with the German welfare system through a historical approach and the description and discussion of selected practical fields of social work and the roles of Social Workers, not least to compare them with other countries.

Assessment: 2 short written assignments (at the beginning and at the end of the term).

The seminar leader is Sabine Pankofer, Professor of Psychology at KSH since 1998, with a Master degree in Special Need Education, Psychology and Sociology and a PhD in Psychology. Since 2000 she works also as supervisor and is Head of the KSH München Mentorship program to become a coach / supervisor.

## *Stephan Lund*

### **Human Rights, Trauma and Sustainability- through the lens of the United Nations Sustainable Development Goals**

This unit is designed to provide students with a comprehensive understanding of social work from a human rights perspective, integrating trauma-informed practice, decolonisation within an Australian context, and the United Nations Sustainable Development Goals (SDGs). Students will explore the theoretical foundations, practical skills, and ethical considerations associated with human rights based social work, critically examining the impact of trauma, colonial history, and global sustainability on individuals and communities.

The unit aims to develop students' abilities to engage in culturally sensitive and rights-based social work practice.

Upon successful completion of this unit, students will be able to:

1. Demonstrate a critical understanding of human rights principles in social work practice.
2. Apply trauma-informed practice principles to enhance the effectiveness of interventions with diverse populations.
3. Critically analyse the historical and contemporary impact of colonization on Indigenous communities in Australia.
4. Apply decolonisation strategies to social work practice within an Australian context.
5. Evaluate the relevance and significance of the United Nations Sustainable Development Goals in shaping social work practice globally.
6. Demonstrate advanced skills in culturally competent and ethical social work interventions.

Assessments: Active participation

Stephan Lund is Professor and Head of Social Work and Social Policy at the University of Western Australia. Stephan has a BA in Anthropology/ Industrial Relations, BSW (Hons) and PhD in Social Work. Stephan has worked as a social worker, executive manager and consultant in the child, family and youth field for 25 years and is particularly interested in trauma-informed and evidence-based approaches to practice. Stephan has a strong interest in Indigenous knowledges, sustainability and the intersection of social work with the creative arts and ecological issues such as climate change and nature based solutions to mental health and wellbeing.



*Andrea Gavrilina*

## Social Work in Germany: Service Provision through the Spectrum of Needs

This course is designed to introduce incoming international students to Social Work agencies offering various kinds of support to service users. Through organized site visits, students will learn how to prepare site visits through research, pre-visits and interviewing people; present social service provision providers in Munich to fellow students and exchange national and local perspectives. After the seminar, students will be familiar with social work across the spectrum of needs in Munich.

There will be site visits to institutions such as a centre for the Elderly, Munich City Social Services, a Youth centre, a drop-in-centre for drug users, assisted housing for people with handicaps, a shelter for homeless people, a community centre in a marginalized neighbourhood, an organisation acting as cultural mediators for minority groups as well as a drop-in centre at Munich main station for first support.

Assessment: organizing site visits and presentations.

The seminar leader is Andrea Gavrilina, a visiting lecturer and Head of the International Office at KSH München. She received her Master degree from Hamburg University in Social Anthropology with field work experience in the Republic of Armenia. Before joining KSH München in 2008, she was working as Long Term Observer for the OSCE in the Republic of Armenia, the Republic of Georgia and the Russian Federation, as Community Services Officer for UNHCR in the Russian Federation as well as Quality Assurance Officer for the Refugee Council in London/UK.



## *Alexander Buck* Fortress Europe

Since the 19th century, Europe is a destination for migrants and refugees and especially Germany located in the middle of Europe. The pictures of thousands of refugees arriving in Germany in summer 2015 being well perceived were broadcasted all over the world. But the situation in Europe and Germany has changed: the so called “Welcome Culture” shifted to a rather populist and nationalistic attitude. Right-wing parties all over Europe try to establish a “Fortress Europe” by introducing restrictive laws, playing negative propaganda against migrants and refugees using racist paroles triggering confusion and fear among people. This seminar is analyzing the recent development of the mixed migration flow and its impact on Europe and explores the crucial role of Social Work professions addressing the needs of migrants and refugees.

Assessment: Presentation and written essays

Alexander Buck is the Head of the “Frans van der Lugt Project”, a shelter for asylum seekers in Munich, run by the Jesuit Refugee Service (JRS) Germany. He studied Social Work at KSH and received his Master degree in philosophy from the Jesuit “Hochschule für Philosophie”. For more than 25 years, he is a lecturer at the KSH in the fields of Social Work, Media Literacy and Education, Philosophy and Migration.

## *Alexia Rossi / Julian Caruana* Trauma-informed Practice with Refugees and Asylum seekers

This course will provide an understanding of the phenomenon of becoming a refugee through a presentation of the push factors in countries of origin and of the treacherous journey forced migrants embark on in search of refuge. This course will also introduce students to the construct of trauma and provide them with the opportunity to familiarise themselves with the root causes of traumatisation in the refugee experience and how traumatic exposure may impact these individuals’ lives. The second part of the course will involve the teaching of aptitudes and skills that would enable students to engage with and respond effectively to the needs of refugees exposed to trauma they may encounter in their work.

Assessment: Active Participation

Alexia Rossi holds a B. Psychology (Hons) and a Master’s Degree in Human Rights and Democratization from the University of Malta, a Certificate in Global Mental Health, Trauma and Recovery from Harvard Medical School and obtained her PhD in Counselling Psychology from London Metropolitan University. She has worked in various fields including primary and secondary care, specifically within the fields of migrant mental health and child & adolescent mental health in both governmental and non-governmental settings and is a Senior Visiting Lecturer at the University of Malta.

Julian Caruana graduated with a Doctorate in Counselling Psychology from London Metropolitan University and has worked in various fields including primary and secondary care, migrant mental health, paediatric oncology, substance abuse and child & adolescent mental health. Julian is currently the Psychosocial Team Coordinator at the Jesuit Refugee Service, Malta. Julian is a senior visiting lecturer with the Department of Psychology at the University of Malta and has experience of providing training and consultation both locally and overseas, in the field of trauma and migrant mental health.



*Radoslav Ganev*

## **Sinti & Roma Civil Right Movement: Unraveling Challenges and Empowering Perspectives on Minority Rights in Germany**

This course is designed to provide students with an overview of minority rights and policies in Germany. These are often marginalized or exoticized and thus pose supposedly great challenges to social workers. This seminar will use the example of the Sinti and Roma to discuss how enemy images are created, why they can be perpetuated over centuries and still make dealing with minorities difficult today.

The aim is to reflect on the perception of Sinti and Roma in society (and especially in social work) and to show how a critical examination of one's own prejudices can lead to more profitable results.

In addition, a small international comparison will be used to show that achievements in dealing with minorities are often due to their own actions. Self-organization and visibility in predominantly white dominated societies, is a sign of empowerment and a benefit to all democracies.

Requirements: Paper, presentation and handout (15 minutes).

The seminar leader is Radoslav Ganev. He is a political scientist, coach and conflict manager and a research assistant at the University of Vechta. As a member of the Roma minority, he founded the self-organization "RomAnity" and the "Student Association of Sinti and Roma in Germany". He is currently researching the topic of "Antiziganism in the university landscape".

*Petra Hilgers / Trupti Patel*

## **Race, Power & Privilege in Social Work: using creativity to explore the dynamics of difference**

This seminar will support participants on a personal journey, using creativity, dialogue and reflection to (a) explore my own social conditioning, (b) recognise where it creates barriers for connection, (c) explore ways to deepen my understanding of others, in order to (c) create more meaningful relationships in my work.

By the end of the seminar we will have (a) deepened empathy for myself and others in dealing with the difficulties inherent in connecting across difference, (b) acknowledged the role we play in upholding systemic oppression, (c) developed greater sensitivity to barriers others experience due to systemic and historic power imbalances, (d) deepened our awareness of our own privileges and how they shape our lives, and (e) developed more confidence in addressing power imbalances in social work.

This seminar is interactive with space to reflect, learn and connect; it involves personal sharing to enable personal development and we expect students to be willing to engage with subjects that might be uncomfortable and be mindful of personal triggers. We will work with creative approaches including photography, drawing, body work, image based work and writing; we will also use discussion, group work and games to develop learning. We will draw on contemporary and historic research with recommended readings, videos and talks online. We will invite students to keep a journal for their own insights, thoughts and reflections.

Petra Hilgers is a creative development practitioner with over 15 years of experience in the fields of community development, team & organisational change and personal development. Originally from Germany, Petra has developed her skills in group facilitation, peace building, non-violent communication, the arts, mediation and conflict coaching working in countries and communities all over the world including Bosnia, South Africa, Uganda, Darfur/Sudan, Afghanistan and for the past 13 years in London.

Trupti Magecha is an established photographer working on commissions and on participatory projects that enable exploring photography as a tool for self expression. As an established film maker Trupti has made documentaries for the BBC and Channel Four including the BAFTA award winning series 'The Tower' based on the regeneration of a London council estate and the award winning series Secret Millionaire. Other issues she's covered include immigration, internet child pornography and race relations.



## ***Veronika Rolle-Green***

### **Intercultural Communication**

This course is aiming at KSH students interested in developing intercultural awareness as well as Erasmus incomings studying at KSH. The course offers students ample opportunity to actively develop their personal intercultural competences as well as develop their understanding of its relevance for their future professional path. A highly interactive mix of small group work, role-plays, personal reflection, simulations and expert input will ensure intensive learning.

Topics covered will include:

Culture shock and strategies to overcome challenges when integrating into a new cultural environment; awareness & perception as keys for intercultural understanding personal cultural influences; looking at personal life journeys and cultural influences, learning styles across cultures; understanding different expectations towards authority and knowledge transfer, effective intercultural communication and conflict resolution in an intercultural context.

Veronika Rolle-Green, M.A. Chinese Studies, trained consultant with extensive working experience for global organizations and international university programs in the area of leadership, team cooperation, communication, personal development and intercultural competence.

## ***Michelle Mildwater / Zainab Emerald Schur***

### **Working with Survivors of Human Trafficking**

Social work's mission is to enable all people to develop their full potential, enrich their lives, and prevent dysfunction. As such, social workers are change agents in society and in the lives of the individuals, families and communities they serve. Therefore it is fundamental for social workers to be familiar with international human rights declarations and conventions as common standards of achievement for the global community. In this seminar, we will especially look into HUMAN TRAFFICKING as an expanding field of mandate for social workers. Trafficking in persons is a serious crime and a grave violation of human rights. Every year, thousands of men, women and children fall into the hands of traffickers, in their own countries and abroad. Almost every country in the world is affected by trafficking, whether as a country of origin, transit or destination for victims.

Assessment: Active Participation

Michelle Mildwater is director of the grass roots anti trafficking NGO HopeNow Copenhagen which she founded in 2007. She represents Denmark in Brussels twice a year at the EU civil society platform which combats Human trafficking, has a degree in teaching from London University and is a certified trainer in different branches of psychotherapy including trauma therapy.

Emerald Schur is an empowered survivor of trafficking. She has developed her own one women show called *the only way out is through* and she has founded a company called *patches of dreams* performing arts. She is on the board of directors of HopeNow and she together with Michelle Mildwater develops and presents workshops and lectures for students about trafficking from an innovative perspective.



*Nicole Schmidt*

## Reproductive health and social work in global (public) health

This course introduces reproductive health in its global context. Students will gain an understanding about sexual and reproductive policies historically, but also understand the current agenda 2030 (Sustainable Development Goals). Students will acquire knowledge about the role of key actors in (inter)national global (public) health programs and learn how health and social work are connected e.g. in FGM or maternal health programs. Students will be actively involved in the course and learn from different European and non-European countries.

Assessment: Written Exam

Nicole Schmidt, Professor of Medicine at KSH München, is an obstetrician and gynecologist from Germany, with a master's degree in public health from the Harvard School of Public Health. She worked in maternal and child projects in Kenya, the Dominican Republic and in Bolivia. She is particularly interested how to improve access to sexual and reproductive health services for women globally. Currently she is involved in a cervical cancer project in the Northern Region of Cameroun.

*Hannah Bradby / Beth Maina Ahlberg / Sarah Hamed / Rosie Duivenbode*

## Racism in healthcare - what's the problem

This course will consider how racism intervenes in healthcare settings at micro, meso and macro level. Using examples from research, how racism plays out in clinical settings will be explored with a view to establishing anti-racist principles and practice. The course will explore social, economic and historical aspects of healthcare which underpin the persistence of racism despite denials of racism's relevance. The course will be delivered with a mixture of lectures, workshops and small group work, all leading up to a final assessment. The teaching will draw on the experience of students, as well as research and policy sources. At the end of the course, students have become aware that racism is a problem among staff and among patients / clients.

Lecture 1: Critical approaches to healthcare: care and migration in clinical settings.

Lecture 2: Racism and antiracism in healthcare settings

Lecture 3: How modernization facilitates racism: A historical, economic and political perspective

Lecture 4: Why does FGC still persist? The contribution of racism to a much-researched problem

Assessment: Active participation.

Hannah Bradby is professor of Sociology at Uppsala University, Sweden, having been awarded a doctorate from the University of Glasgow, Scotland. She has researched and taught on equity, migration and discrimination in health and healthcare for several decades in various countries. Her approach to understanding complex problems such as racism in healthcare is interdisciplinary, drawing on insights from public health, social theory, ethnographic methods and narrative based medicine.

Beth Maina Ahlberg is professor emerita of global health, having been awarded a doctorate from Uppsala University, Sociology Department. She has worked at the Skaraborg Institute for Research and Development, Skövde, Sweden for many years as the social science research co-ordinator. She has conducted research for many years in eastern and southern Africa and Sweden focusing particularly on methodological issues in the study of sexual and reproductive health, gender issues, migration and health and HIV and AIDS and has a major interest in participatory action or collaborative research.

Sarah Hamed is a research fellow at the Institute of Psychiatry, Psychology and Neuroscience at King's College London, and a postdoctoral researcher at the Department of Ethnology, History of Religion and Gender studies at Uppsala University. She has researched issues related to racism, racialization in healthcare, as well as migration, and integration in Europe. She is currently working on a project on racism in maternal care.

Rosie Duivenbode is a PhD student at the Department of Sociology and in the Medical Humanities Graduate Program, Uppsala University, Sweden. She has a medical and translational research degree from Utrecht University in the Netherlands (2017) and completed a graduate degree in religious studies at the University of Chicago Divinity School (2021).

## Admission criteria

To be admitted to the programme:

- your home university must be a partner university of KSH Munich
- your English language skills are at least level B2
- German language skills are not required but we recommend arriving with A1.

## Application

First you need to be nominated by your university. After nomination you will be contacted by us with all further details. **Please note, that there are only 13 places available!**

## Time schedule

Mobility Period: **October 1, 2024 – January 24, 2025**

- Welcome Week: Oktober 1, 2024 – Oktober 6, 2024
- Lecture time: October 7, 2024 – January 24, 2025
- Winter Vacation: December 21, 2024 – January 6, 2025
- Bank Holidays: October 3, November 1, December 24 - 26, 2024; January 1/6, 2025

## Contact

For any questions / inquiries please contact us directly:

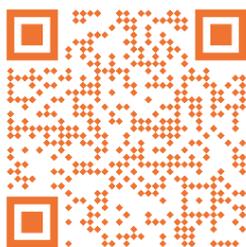
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## Erasmus student at KSH München

get inspired by those who already studied with us

Fall Term 2019/20



Fall Term 2020/21



Fall Term 2021/22

